

Social services in Copenhagen for people without Danish registration (yellow card)

updated May, 2022

NIGHT SHELTERS

| Where to sleep | Opening hours | Opening period | Service |
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| Café Klare (only Danish and EU women w/ social problems) Lyrskovgade 2, 1758 KBH V Tel: 36 46 46 01 Capacity: 20 | All nights (19.15 – 10.00) ONLY TUESDAY (from 19.15 - 14.00) | Permanent | <ul style="list-style-type: none"> • Sleep • Food • Shower • Wash clothes <p>WOMEN ONLY!</p> |
| Grace Hostel Call Lukas – 24 75 01 35 or Martina – 51 68 54 39 | | | <ul style="list-style-type: none"> • Assistance for EU migrants who are motivated to settle in DK as workers (a set of requirements apply) <p>CALL PRIOR TO REFERRAL IS REQUIRED</p> |
| Hillerødgade K. Korshær - Night café (only Danish and EU-citizens w/ social problems) Hillerødgade 64, 2200 KBH N Tel: 38 34 81 25 Capacity: 20 | All nights (24.00 – 10.00) | Permanent | <ul style="list-style-type: none"> • Sleep • Food • Shower • Dogs allowed • Wash clothes |
| Lærkehøj (only Danish and EU-citizens w/ social problems) Lindevangs Alle 9, 2000 Frederiksberg Tel: 38 32 32 00 Capacity: 13 | Monday – Friday (22.15– 11.00) Saturday– Sunday (22.15– 10.45) | Permanent | <ul style="list-style-type: none"> • Food • Sleep • Wash clothes |
| Stengade K. Korshærs – Night Café (only citizens w/ social and health problems) Stengade 40, 2200 KBH N Tel: 35 36 78 45 (from 21.15 to 07.15) Capacity: 20 | All nights (22.00– 07.00) | Permanent | <ul style="list-style-type: none"> • Sleep • Food • Wash clothes |
| Sundholm (only Danish and EU-citizens w/ social problems) Sundholmsvej 16, 2300 Amager/KBH S. Tel: 33 17 67 18 Capacity: 30 | All nights (22.00– 07.00) | Permanent | <ul style="list-style-type: none"> • Sleep • Shower |

FOOD, SHOWER AND LAUNDRY

| Where to eat, shower, wash your clothes | Opening hours | Opening period | Service |
|--|---|----------------|--|
| Bespisningen Blågårds Sogn Stengade 40, 2200 KBH N Tel: 61 61 27 53 | Tuesday & Thursday (12.00 - 14.00) | Permanent | • Free food |
| Den Mobile Café (Project Udenfor) Various stops Tel: 33 42 76 00 | Monday - Friday (17.00 - 20.00) | Permanent | • Free food |
| Exist - Night Light Café In Elias kirkens crypt, Vesterbro Torv | Nights between Wednesday and Thursday (24.00 - 03.00) | Permanent | • A resting place for Nigerian women in prostitution • Little food |
| Fedtekældereren Kirkens Korshær Overgaden oven Vandet 6A, KBH K Tel: 32 54 56 08 | Monday - Friday (08.00 - 12.00) | Permanent | • Free breakfast • Clothes • Shower • Charge phones • Laundry 20kr |
| Grace - Morningcafe Griffenfeldsgade 54, 2200 KBH N Tel: 28 47 05 30 | All days (07.30 - 11.00) | Permanent | • Warm food • Coffee/Tea • Mobile Charging • Clothes |
| Hotel Jens - Day shelter Drejervej 6, 2400 KBH NV Tel: 50 52 28 80 | Monday (09.30 - 13.00) Tuesday - Friday (9.30 - 14.00) Sunday (10.00 - 14.00) | Permanent | • Lunch 25 kr |
| Hugs & food (for homeless w/ addictions and/or mental health problems) Turesensgade 21, 1368 KBH K Tel: 51 17 05 17/ 30 32 88 90 | Monday - Friday (10.00 - 14.00) | Permanent | • Free lunch • Coffee |
| Istedgade 100 Istedgade 100, 1650 KBH V | Monday, Tuesday and Friday (08.30 - 11.30) Saturday (17.00 - 19.00) Sunday (10.00 - 13.00) | Permanent | • Laundry • Clothes • Coffee, tea, food • Shower • Sell of Strada & Illegal • Conversation in mother tongue |
| Kompasset Kirkens Korshær Kæmnervej 1, 2400 KBH NV Tel: 21 53 54 86 / 24 79 25 20 | Mon - Thursday (09.00 - 15.00) | Permanent | • Coffee/tea • Shower and Rest • Lockers/Safe box • Laundry on Tuesday • Charge phones. |

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| Mariatjenesten Istedgade 20, 1650 NBH V Tel: 51 83 47 10 | Monday to Friday (11.30-16.00) Monday, Tuesday & Thursday (19.00-22.30) Sunday (19.00 - 21.00) | Permanent | <ul style="list-style-type: none"> • Coffee/tea 2 kr. • Free bread/cakes • Phone charging • Sleep/rest • Talk |
| Metodist Kirkens Social Arbejde - Centralmissionen (MSA) - cafeen Rigensgade 21, 1316 KBH K Tel: 28 29 44 62/ 29 85 44 62 | Monday - Friday (09.00 - 14.00) Saturday (14.00 - 19.30) | Permanent | <ul style="list-style-type: none"> • Coffee • Shower • Clothes • Various activities • Lunch 25kr • Free lunch Tues & Thurs: 11.45. |

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| Missionaries of Charity Sigurdsgade 29, 2200 KBH N Tel: 35 85 29 65 | All days (15.00 - 16.00) NO THURSDAY! | Permanent | <ul style="list-style-type: none"> • food |
| Pakhuset Salvation Army Wildersgade 66, 1408 KBH K Tel: 32 54 44 10 | Monday - Friday (09.00 - 13.45) | Permanent | <ul style="list-style-type: none"> • Food • Shower 5 kr • Underwear |
| Sjællandsgadebadet (Grace) Sjællandsgade 12 A, 2200 KBH N | Friday (08.00 - 11.15) | Permanent | <ul style="list-style-type: none"> • Laundry + dryer • Shower • Coffee/Little food |
| Vor Frue Kirke Nørregade 8, 1165 KBH K Tel: Lotte 61 61 62 26 / Susanne 61 61 62 20 | Contact before coming! | Permanent | <ul style="list-style-type: none"> • Toilet • Phone charging |
| YouPeople Kirkens Korshær i Folkets hus Stengade 50, 2200 KBH N | Every morning 07.00 - 10.00 | Permanent | <ul style="list-style-type: none"> • Free breakfast • Coffee/tea • Laundry |

HEALTH

| Location | Opening hours | Opening period | Service |
|---|---|----------------|---|
| Caritas Health Clinic Amerikavej 15C 1. sal 1756 KBH V. | Tuesday (17.00 - 20.00) | Permanent | <ul style="list-style-type: none"> • Doctor • Nurse |
| Psykiatrisk Gadeplansteam Gammel kongevej 33, 1610 KBH V Tel: 51 58 37 89 | Monday - Friday (08.00 - 16.00) | Permanent | <ul style="list-style-type: none"> • Psychiatric nurses offer counselling |
| Health Clinic - Danish Red Cross Reventlowsgade 10, 1651 KBH V Tel: 31 71 61 64 (CALL AFTER 12.00) | Monday, Wednesday and Thursday (17.00 - 20.00) Wednesdays: <u>Midwife</u> Thursdays: <u>Dentist</u> (17.00-20.00)Even weeks (14.00-16.30) Odd weeks <u>Physiotherapists</u> (17.00-20.00) Odd weeks | Permanent | <ul style="list-style-type: none"> • Doctor • Dentist • Psychologist • Psychiatrist • Midwives • Physiotherapist • Medicine • Flyers in many languages! |

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| <p>Red Cross Omsorgcenter Eirsgaard Siljanganede 12, 2300 KBH S Tel: Jannie 71 99 88 01 Email: jannie.iulin@rodekors.dk Capacity: 5</p> | <p>Contact before coming! <u>Requires screening</u></p> | <p>Permanent</p> | <ul style="list-style-type: none"> • Convalescence assistance • Sleep • Lockers • Showers |
| <p>Sundhedsrummet Halmtorvet 9D, 1700 KBH V Tel: 28 80 08 17</p> | <p>Monday – Friday (10.00 – 12.30 & 13.00 – 16.00)</p> | <p>Permanent</p> | <ul style="list-style-type: none"> • Doctor • Foot therapy: Mond & Wedn (10.00–16.00) Thursday (10.00–14.00) |
| <p>Sundholm Nurse Clinic Sundholmsvej 16 2300 København S Tlf: 33 17 67 14 / 29 39 46 68</p> | <p>Monday – Friday 8.00-10.00 & 11.00-13.00</p> | <p>Permanent</p> | <ul style="list-style-type: none"> • Nurses • Doctor once a week |
| <p>Mødrehjælpen – concealed pregnancy guidance: Abel Cathrines gade 13, 1654 København V Website – chat and information: https://moedrehjaelpen.dk/skjult-gravid/home/ Tel: +45 70 26 31 00 E-mail: skjultgravid@moedrehjaelpen.dk</p> | <p><u>Phone:</u> Monday: 9-14:00 Tuesday: 9-16:00 Wednesday: 9-11:30 and 12:30-15:00 Thursday: 9-16:30 Friday: 9-11:30 <u>Chat:</u> Monday 9-14:30 Tuesday 9-14:30 Wednesday 12:30-14:30 Thursday 9-14:30 Friday 9-11:30</p> | <p>Permanent</p> | <ul style="list-style-type: none"> • For women who are concealing their pregnancy. • Anonymous counselling regarding pregnancy, abortion and childbirth through chat or telephone. • Share your doubts, fears and emotions with our qualified counsellors. • Check out our website in Danish, English, Arabic, Spanish, Romanian and Thai for more information |
| <p>Reden International Colbjørnsensgade 12, st. tv. 1652 København V/ Copenhagen Mobil.: 22 10 21 62</p> | <p>Monday, Tuesday, Wednesday afternoon</p> | <p>Permanent</p> | <ul style="list-style-type: none"> • focus on migrant women, sex workers, potential victims of human trafficking |
| <p>(Visiting offer of Caritas Clinic in Istedgade 100) Istedgade 100, 1650 KBH V</p> | <p>Sunday* (10.00 - 13.00) <i>*this is the day when the doctors are there. The entire opening hours of Istedgade 100 to be seen under "Food, Shower and Laundry"</i></p> | | <ul style="list-style-type: none"> • 2 Sundays a month – doctor nurse and social worker |
| <p>(Visiting offer of Caritas Clinic in YouPeople Kirkens Korshær) Stengade 50, 2200 KBH N</p> | <p>Saturday* (9.00 – 10.00) 1st time: 14th of May <i>this is the day when the doctors are there. The entire opening hours of Morgencafe YouPeople to be seen under "Food, Shower and Laundry"</i></p> | | <ul style="list-style-type: none"> • 2 Saturdays a month, doctor and nurse |

ENGLISH AND DANISH CLASSES

| Location | Opening hours | Opening period | Service |
|---|---|----------------|--|
| Bethesda IKC (No ID is needed and no registration) Rømersgade 17, 1362 KBH K Tel: 33 32 59 39 | <u>Danish classes:</u> Tuesday and Thursday (10.00 - 12.00 ONLY WOMEN) (14.00 - 16.00 EVERYBODY) <u>English classes:</u> Monday and Wednesday (10.00 - 12.00) | Permanent | <ul style="list-style-type: none"> • Big classes • Volunteer teachers • Legal counseling (first Monday of the month) • Lunch (Tues and Thurs at 12.00. 20 kr) • Support for booking tickets |
| Kalejdoskop Frelsens Hær Thorsgade 48A, 2200 KBH N | <u>Danish classes:</u> Monday and Friday (09.30 - 12.15, 13.00 - 15.40) Tuesday and Thursday (09.30 - 12.15) | Permanent | <ul style="list-style-type: none"> • Danish language and society lessons. (380 kr for 1 month) • Pay and sign up |
| Kompasset Kirkens Korshær Kæmnervej 1, 2400 KBH NV Tel: 24 79 25 20 | Monday - Danish (14.00 - 15.00) Thursday - English (12:00 - 13.00) | Ask the staff | <ul style="list-style-type: none"> • Danish language • English - for beginners and people with little to no literacy skills |

COUNSELLING AND INFORMATION

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| Blisko Mændenes hjem, H17 Halmtorvet 17, 1700 KBH Tel: 21276995 (Asger) / 81 88 23 77 (Amina) Contact: via phone or at H17 | Monday and Thursday (10 -13) | Permanent | <ul style="list-style-type: none"> • For homeless migrants with drug dependency •Counselling regarding rights, health, drug use etc. •Help re-hospitalization and contact home |
| Caritas Open Counselling Stenosgade 4A, 1616 KBH V Tel: 22 99 38 18 / Email: raadgivning@caritas.dk | Wednesday (17.00 - 19.30) | Permanent | <ul style="list-style-type: none"> • Counseling, also family matters • Assessor service |
| Danish Center against Human trafficking Tel: 70 20 25 50 | Hotline (08.30 - 16.00) | Permanent | <ul style="list-style-type: none"> • Counselling • Support and assistance for victims of human trafficking |
| Homeless Unit - CPH Municipality - Migrant Team (Reception 33 17 41 22) Sundholmsvej 26a, 2300 KBH S Tel: Mirka 21 12 90 91 Aga 20 43 97 06 | For the time being only by phone (08.00-16.00) | Permanent | <ul style="list-style-type: none"> • Counseling • Contact with authorities • Assistance with reconnection to country of origin. |
| Kompasset Kirkens Korshær Kæmnervej 1, 2400 KBH NV Tel: 23 35 60 37 / 24 79 25 20 | Mon - Thursday (09.00 - 12.00) | Permanent | <ul style="list-style-type: none"> • Independent guidance for homeless migrants • CV support • Strada and Illegal Magazines + Strada ID |

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| Outreach Kompasset Ana and Anna-Elisabet Tel: 24792528 / 24915605 | Monday, Tuesday, Thursday (09.00 – 16.00) Wednesday (11.00 – 17.00) Friday (9.00 – 15.00) | Permanent | <ul style="list-style-type: none"> • Mobile counselling • Accompaniment • Relation work and contact • Help with practical issues |
| Gadearbejde Vendepunktet Bjarne 51295421 Anders 40431884 | Call for appointment | | <ul style="list-style-type: none"> • Help with referrals, accompaniment and practical issues. |
| MigrantCenter Bregnerødgade 8, 2200 KBH N Tel: 40 63 85 80 | Tuesday & Thursday (16.00 – 18.00) | Permanent | <ul style="list-style-type: none"> • Job related problems • The center is organized by the Union |
| Røde Kors search service for missing persons tracing@rodekors.dk tlf.: 3525 9200 | | Permanent | <ul style="list-style-type: none"> • Help look for family members • Can issue evidence of imprisonment • Offers support to relatives |
| Reden International Colbjørnsensgade 12, st. tv. 1652 København V/ Copenhagen Mobil.: 22 10 21 62 | Monday, Tuesday, Wednesday afternoon | Permanent | <ul style="list-style-type: none"> • Counselling for migrant women sex-workers with focus on potential victims of human trafficking |
| Stenbroens Jurister - Retshjælpsklinik Abel Cathrines gade 21 1654 KBH V Tlf. 33330505 (10-16) | Tuesday to Thursday (10 -15) | Permanent | <ul style="list-style-type: none"> • Legal counselling |